





LE ATTIVITÀ DELL'UNIVERSITÀ DI PISA SUL TEMA DEGLI EFFETTI DEL CAMBIAMENTO CLIMATICO

6 dicembre 2019, ore 9-18

# PSYCHOLOGICAL MECHANISMS FOR GAINING AWARENESS OF (AND REACTING TO) CLIMATE CHANGE CHALLENGES: EMOTIONAL LEVERS FOR COGNITIVE REMODELING

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Dipartimento di patologia chirurgica medica molecolare e dell'area critica

Viewpoint

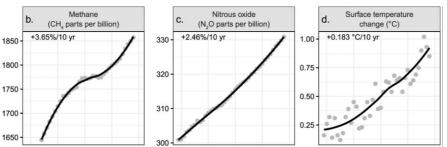
# **World Scientists' Warning of a Climate Emergency**

WILLIAM J. RIPPLE, CHRISTOPHER WOLF, THOMAS M. NEWSOME, PHOEBE BARNARD, WILLIAM R. MOOMAW, AND 11,258 SCIENTIST SIGNATORIES FROM 153 COUNTRIES (LIST IN SUPPLEMENTAL FILE S1)

### Change in global human activities.

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### Climatic response time series





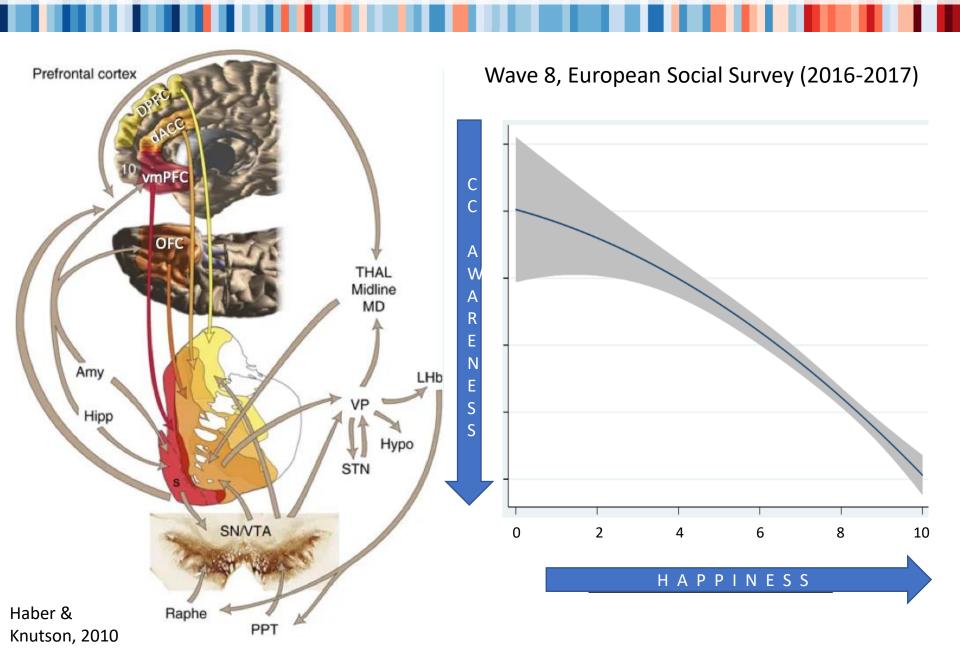
### Awareness is the first (of many) step to recovery...

WHY does it happen



HOW can we fight it

## The reward system



### Factors limiting awareness of ecological issues

Difficulties in cause-effect association



Number based communication

# The Guardian

The world passes 400ppm carbon dioxide threshold. Permanently

## Factors limiting adherence to pro-ecological behaviors

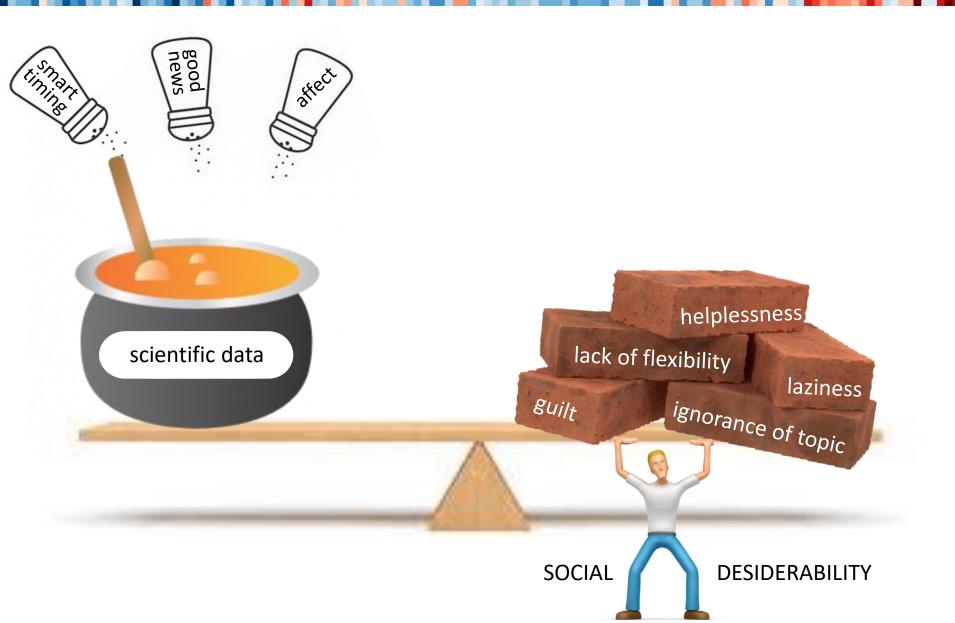


Beware the cause-Affect association!

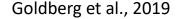


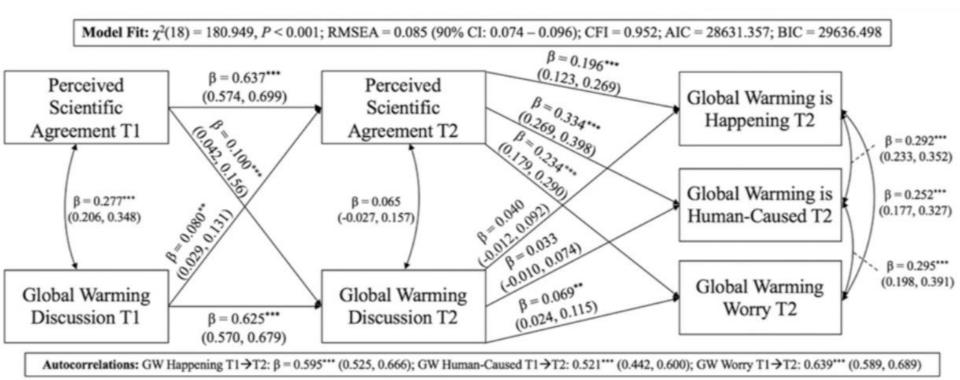
Changing habits requires a great cognitive flexibility

### Factors promoting awareness of ecological issues and eco-behaviors



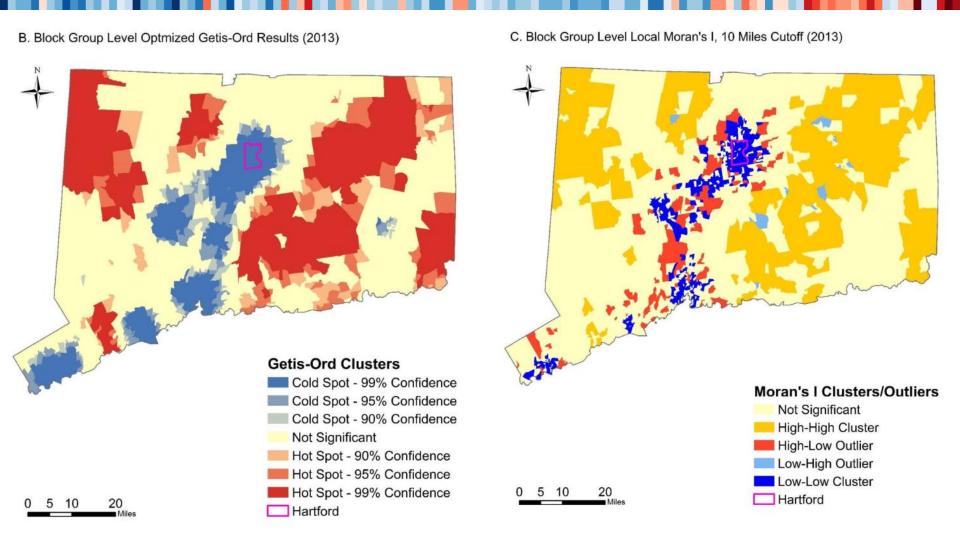
### Social desiderability in family and in close relationships





"Encouraging people to discuss global warming with their **friends** and **family** may be a productive way to initiate the *social feedback loop*, but that **the actual content** of the discussion itself (e.g., scientific agreement) plays a key role in changing relevant beliefs."

### Social desiderability within small communities (neighborhoods)



### Social desiderability within wide communities (social networks)











Less raw data, more links to everyday **impact** of the news

Sharing good news too can improve empowerment

**Emotional leverage** must make people feel more guilty responsible

Practice (and spread) step-by-step changes in everyday habits

A **smart timing** in narrating clmatic events can strenght cause-effect relationship

Make pro-ecology behaviors socially desiderable and virals



Dipartimento di

# Patologia Chirurgica, Medica, Molecolare e dell'Area Critica

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